



2019 FINALIST ANNOUNCED

NUTRAMINO Health & Fitness Club of the Year

Sponsored by

NUTRAMINO[®]

WINNER

Coral Leisure Monaghan

SILVER

Tescape Health Club

BRONZE

Coral Leisure Cobh

NUTRAMINO[®]

Avonmore
**Protein
Milk**

club**vitae**
FITNESS YOUR WAY

glanbia
PERFORMANCE NUTRITION

EXPERT
LEISURE

Ireland
active | The Leisure
Health and
Fitness
Association

reps ireland
register of exercise professionals

UCD Sport
& Fitness

Irish Independent 



Best Use of Retail Space in a Gym

Sponsored by



WINNER

Club Vitae Clayton Hotel Cork City

SILVER

WIT Arena

NUTRAMINO®





Boutique Health & Fitness Club of the Year

WINNER

Nisus Fitness

SILVER

The Gym Howth

BRONZE

Inspire Fitness

NUTRAMINO[®]

Avonmore
**Protein
Milk**

clubvitae
FITNESS YOUR WAY

glanbia
PERFORMANCE NUTRITION

EXPERT
LEISURE

Ireland
active | The Leisure
Health and
Fitness
Association

reps ireland
register of exercise professionals

UCD Sport
& Fitness

Irish Independent 



Family Friendly Gym of the Year

WINNER

David Lloyd Leisure

SILVER

Woodlands Health & Leisure Club

BRONZE

Mount Wolseley Hotel, Spa & Golf Resort

NUTRAMINO[®]

Avonmore
**Protein
Milk**

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PERFORMANCE NUTRITION

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LEISURE**

Ireland
active | The Leisure
Health and
Fitness
Association

reps ireland
register of exercise professionals

UCD Sport
& Fitness

Irish Independent 



Group Operator of the Year

WINNER

Coral Leisure

SILVER

ICONIC Health Clubs

BRONZE

énergie Fitness Ireland

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register of exercise professionals

UCD Sport
& Fitness

Irish Independent 



Hotel Gym Facility of the Year

Sponsored by



WINNER

Arena Health & Fitness Club at the Grand Hotel

SILVER

The Breaffy Club & Spa

BRONZE

The Tullamore Court Hotel Leisure Centre

NUTRAMINO[®]





Leisure Gym / Health Club of the Year

WINNER

Tescape Health Club

SILVER

Coral Leisure Monaghan

BRONZE

WIT Arena

NUTRAMINO[®]

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register of exercise professionals

UCD Sport
& Fitness

Irish Independent 



Local Authority / Community Health & Fitness Club of the Year

WINNER

Coral Leisure Monaghan

SILVER

DLR Leisure Meadowbrook

BRONZE

Ballybough Community Sports and Fitness Centre

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Milk**

club**vitae**
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LEISURE

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register of exercise professionals

UCD Sport
& Fitness

Irish Independent 



Best Newcomer

WINNER

Fit4Less Citywest

NUTRAMINO[®]





Rehabilitation Facility of the Year

WINNER

Roche Injury Clinic

NUTRAMINO

Avonmore
Protein Milk

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PERFORMANCE NUTRITION

EXPERT
LEISURE

Ireland active | The Leisure Health and Fitness Association

reps ireland
register of exercise professionals

UCD Sport & Fitness

Irish Independent



3rd Level Education & Fitness Club of the Year

Sponsored by



WINNER

AIT Sport

SILVER

Trinity Sport

NUTRAMINO[®]



clubvitae
FITNESS YOUR WAY



Ireland active
The Leisure Health and Fitness Association



UCD Sport & Fitness

Irish Independent 



Club Manager of the Year

WINNER

Cian Doyle
ICON Health Club

SILVER

Tony McGrath
Club Vitae Clayton Hotel Cork City

BRONZE

Anthony Hewitt
Clonmel Park Hotel Leisure Centre

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Avonmore
Protein
Milk

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LEISURE

Ireland
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Health and
Fitness
Association

reps ireland
register of exercise professionals

UCD Sport
& Fitness

Irish Independent



Customer Service Award

Sponsored by

Irish Independent 

WINNER

ICONIC Health Clubs

SILVER

Inspire Fitness

BRONZE

Educogym

NUTRAMINO[®]

Avonmore
Protein
Milk

clubvitae
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LEISURE

Ireland
active | The Leisure
Health and
Fitness
Association

reps ireland
register of exercise professionals

UCD Sport
& Fitness

Irish Independent 



Fitness Instructor of the Year

WINNER

Harley Barnes

Health & Strength Fitness

SILVER

Sean O Sullivan

Rebel Ruas Fitness

BRONZE

Denise Coughlan

Resolute Pilates & Wellness

NUTRAMINO[®]

Avonmore
**Protein
Milk**

clubvitae
FITNESS YOUR WAY

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PERFORMANCE NUTRITION

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LEISURE**

Ireland
active | The Leisure
Health and
Fitness
Association

reps ireland
register of exercise professionals

UCD Sport
& Fitness

Irish Independent 



Gym Team of the Year

WINNER

The Dartry Health Club

SILVER

Tescape Health Club

BRONZE

ICON Health Club

NUTRAMINO[®]

Avonmore
**Protein
Milk**

club**vitae**
FITNESS YOUR WAY

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EXPERT
LEISURE

Ireland
active | The Leisure
Health and
Fitness
Association

reps ireland
register of exercise professionals

UCD Sport
& Fitness

Irish Independent 



Industry Contribution Award

Sponsored by

**Ireland
active**

The Leisure
Health and
Fitness
Association

WINNER

Irish Women's Hockey Team

NUTRAMINO

Avonmore
Protein
Milk

clubvitae
FITNESS YOUR WAY

glanbia
PERFORMANCE NUTRITION

EXPERT
LEISURE

**Ireland
active** | The Leisure
Health and
Fitness
Association

reps ireland
register of exercise professionals

**UCD Sport
& Fitness**

Irish Independent



Personal Trainer of the Year (Freelance)

Sponsored by

NUTRAMINO[®]

WINNER

Cathy Soraghan
Womenontherun.ie

SILVER

Jason Kavanagh
Real Fitness

BRONZE

Harley Barnes
Health & Strength Fitness

NUTRAMINO[®]

Avonmore
**Protein
Milk**

clubvitae
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glanbia
PERFORMANCE NUTRITION

EXPERT
LEISURE

Ireland
active | The Leisure
Health and
Fitness
Association

reps ireland
register of exercise professionals

UCD Sport
& Fitness

Irish Independent 



Personal Trainer of the Year (Gym Based)

Sponsored by

NUTRAMINO[®]

WINNER

Donald Vinnicombe

K Leisure Naas

NUTRAMINO[®]

Avonmore
Protein
Milk

clubvitae
FITNESS YOUR WAY

glanbia
PERFORMANCE NUTRITION

EXPERT
LEISURE

Ireland
active | The Leisure
Health and
Fitness
Association

reps ireland
register of exercise professionals

UCD Sport
& Fitness

Irish Independent



Active Workplace of the Year (Up To 50 Employees)

WINNER

Carzone

SILVER

Workplace Wellness Ireland

NUTRAMINO[®]

Avonmore
**Protein
Milk**

clubvitae
FITNESS YOUR WAY

glanbia
PERFORMANCE NUTRITION

EXPERT
LEISURE

Ireland
active | The Leisure
Health and
Fitness
Association

reps ireland
register of exercise professionals

UCD Sport
& Fitness

Irish Independent 



Active Workplace of the Year (Over 50 Employees)

Sponsored by

clubvitae
FITNESS YOUR WAY

WINNER

EA Ireland

SILVER

Sodexo (Healthworks Division)

NUTRAMINO®

Avonmore
Protein
Milk

clubvitae
FITNESS YOUR WAY

glanbia
PERFORMANCE NUTRITION

EXPERT
LEISURE

Ireland
active | The Leisure
Health and
Fitness
Association

reps ireland
register of exercise professionals

UCD Sport
& Fitness

Irish Independent



Inclusive Health & Fitness Award

WINNER

Dublin Simon Community

Dublin Simon Community Health and Wellbeing

SILVER

Siel Bleu Ireland

Exercise, COPD & Me

BRONZE

Get Ireland Walking

Reaching Out

NUTRAMINO[®]

Avonmore
**Protein
Milk**

clubvitae
FITNESS YOUR WAY

glanbia
PERFORMANCE NUTRITION

EXPERT
LEISURE

Ireland
active | The Leisure
Health and
Fitness
Association

reps ireland
register of exercise professionals

UCD Sport
& Fitness

Irish Independent 



Innovation Award

Sponsored by



WINNER

Setanta College

Turning Sports Science Into Reality

SILVER

Shape My Plan

Meal Plan Solution For Fitness Industry

BRONZE

Office Worker Health

parkHIIT

NUTRAMINO®





Outdoor Health & Fitness Event

WINNER

Run in the Dark
Mark Pollock Trust

SILVER

Connemara Mountain Walking Festival

BRONZE

parkHIIT
Office Worker Health

NUTRAMINO[®]

Avonmore
Protein
Milk

clubvitae
FITNESS YOUR WAY

glanbia
PERFORMANCE NUTRITION

EXPERT
LEISURE

Ireland
active | The Leisure
Health and
Fitness
Association

reps ireland
register of exercise professionals

UCD Sport
& Fitness

Irish Independent 



Health & Fitness Blog / Vlog / Writer of the Year

WINNER

The Flourishing Pantry

SILVER

The Healthy Tart

BRONZE

The Irish Balance

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FITNESS YOUR WAY

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PERFORMANCE NUTRITION

EXPERT
LEISURE

Ireland
active | The Leisure
Health and
Fitness
Association

reps ireland
register of exercise professionals

UCD Sport
& Fitness

Irish Independent 



Health & Fitness Campaign of the Year

WINNER

I Can - Empowering Through Exercise
Siel Bleu Ireland

NUTRAMINO®

Avonmore
Protein
Milk

clubvitae
FITNESS YOUR WAY

glanbia
PERFORMANCE NUTRITION

EXPERT
LEISURE

Ireland
active | The Leisure
Health and
Fitness
Association

reps ireland
register of exercise professionals

UCD Sport
& Fitness

Irish Independent 



Best Use of Social Media for Health & Fitness

WINNER

Barrons Supplements

NUTRAMINO®





NUTRAMINO People's Choice Gym of the Year Voted by the Public

Sponsored by

NUTRAMINO[®]

Overall WINNER

Mardyke Arena UCC

Dublin WINNER

Club Vitae Liffey Valley

Leinster WINNER

Club Vitae Portlaoise

NUTRAMINO[®]

Avonmore
Protein
Milk

clubvitae
FITNESS YOUR WAY

glanbia
PERFORMANCE NUTRITION

EXPERT
LEISURE

Ireland active
The Leisure
Health and
Fitness
Association

reps ireland
register of exercise professionals

**UCD Sport
& Fitness**

Irish Independent



Connaught/Ulster WINNER

Inspire Fitness

Munster WINNER

Mardyke Arena UCC

NUTRAMINO[®]



The Leisure
Health and
Fitness
Association

